

## Practicology Podcast – Sexual Detox Handout

You have heard that it was said...	But Christ says to us through his Word...	Scripture
<i>“Sex is dirty.”</i>	Sex is good.	Gen 1-2
<i>“Sex is private.”</i>	Sex is for building community.	Gen 1-2
<i>“Marriage is just a piece of paper.”</i>	Marriage is an act of love that creates a safe environment for sex.	Gen 1-2; Mal 2:14; Prov 2:17
<i>“Sex is only for procreation.”</i>	Sex is also for pleasure.	Prov 5:15-23; Song of Sol
<i>“There is only one rule governing sex: mutual consent.”</i>	God’s original design and boundaries for sex are still in place.	Matt 19:1-12
<i>“Sex is a need; it is dangerous to repress it.”</i>	The most fulfilled human being in the world never once had sex.	Gospels; 1 Cor 7
<i>“Sex is no big deal. I can sleep with whoever I want and it doesn’t affect me.”</i>	Sex is a powerful commitment apparatus; you give part of yourself away each time. <sup>1</sup>	1 Cor 6:12-20
<i>“The Bible is anti-sex.”</i>	The Bible commands sex!	1 Cor 7:1-5
<i>“Sex is just an animal instinct.”</i>	Sex is a sacred mystery about the meaning of the universe.	Eph 5:22-33
<i>“Sexual sin is the worst sin you can commit; there’s no hope for the fallen.”</i>	Christ came into the world to save sinners.	1 Tim 1:15; 1 Cor 6:9-11

---

<sup>1</sup> Timothy Keller and Kathy Keller, *The Meaning of Marriage: Facing the Complexities of Commitment with the Wisdom of God* (New York: Dutton, 2011), 225–27.